



TAKE
10,000
STEPS A DAY
FOR KIDS WITH
CEREBRAL PALSY



NOW THAT'S
SEPTEMBER **ing**

4th September - 1st October

Register now and take the first steps towards a healthier you.

september.org.au

We're counting on you.

Made possible by



Exclusive global partner
Logistics property experts



HOW IT WORKS

**We'll give you a pedometer to wear throughout the challenge.
Move any way you like. Dance, run, wheel, swim...**

WHEN?

Now



Make every step count by asking your friends and family to sponsor you during the challenge.

Sep

4th

Enter your steps daily and go on a virtual journey with your team.

Oct

1st

Feel great knowing that you have changed your own life for the better as well as making a huge difference to children living with cerebral palsy.

HOW?

- 1 Choose 3 friends or colleagues and register your team today.
- 2 Wait by the mailbox for your pedometer and September kit to arrive.
- 3 Highlight 4th September start date and plan how to get the most steps into each day, and make the most of the fundraising tools provided.

REGISTER AT stepember.org.au